



LADIES' GOLF ACADEMY

2023 Programs



Welcome!

Hi, I'm Shauna, Head Teaching Professional here at Ladies' Golf Club.
I am so excited to share this year's Academy programs with you!

At Ladies' Golf Academy, we do things differently.
Our approach to teaching is based around three core pillars: joy, inspiration, and individuality! We welcome our members and non-members of all skill levels and provide private lessons (for women & men) and group lessons (for women).

I learned to love the game through my mother. She taught me everything about golf and it's something special we share. My goal is always to pass along that same passion to my students.

Whatever your motivations are, we have a learning program that will help you.
Come and discover the magic of golf and spend some time with us!

See you soon!

Shauna



Shauna Wilde (she/her) Head
Teaching Professional
(905) 889-3531 x401
swilde@ladiesgolfclub.com

PRIVATE LESSONS

RATES

Head Teaching Professional / Head Professional:
\$65/30 mins or \$130/60 mins

Assistant Professional:
\$55/30 mins or \$110/60mins

Junior Lessons: \$50/30 mins



FLEX PLANS

Hours can be used in any combination of time and shared between couples, families & friends. Ideal for semi-private or small group learning.

Head Teaching Professional

1 HR - \$130
2 HRS - \$260
3 HRS - \$390
4 HRS - \$520
5 HRS - \$625
6 HRS - \$750
7 HRS - \$875
8 HRS - \$960
9 HRS - \$1080
10 HRS - \$1200

Assistant Professional

1 HR - \$110
2 HRS - \$220
3 HRS - \$330
4 HRS - \$440
5 HRS - \$525
6 HRS - \$630
7 HRS - \$735
8 HRS - \$800
9 HRS - \$900
10 HRS - \$1000

Benefits of lessons at Ladies'

Fully stocked Golf Shop, three practice areas (driving range, putting green, and short game area), and a locker room with showers and day lockers. Golf clubs can be provided.



LADIES

GOLF ACADEMY

**ONLY 8
SPOTS**

Member Price

\$1999

May - September

New **WOMEN'S COACHING SQUAD**

**Must have an established handicap*

Season-Long FULL GAME coaching program for those that are serious about improving their game. Includes individual coaching, statistics tracking and analysis, goal setting and monthly goal evaluation as well as monthly on-course practice

INCLUDES:

- 2hrs 1:1 private coaching / month
- Monthly On-Course Group Learning
- Statistics Tracking and analysis
- TPI Movement Screen & suggested exercise program
- Coach Now Training Space
- Monthly practice programs
- 25% off additional academy programs
- Team Gift

Women's Coaching Squad Information & Dates



Private Lessons and goals evaluations are to be booked directly with Shauna.

On-course group training dates are listed below. This program requires a strong commitment and discipline from each participant to keep statistics as outlined by Head Teaching Professional Shauna Wilde.

ON-COURSE DATES	LOCATION
Thursday April 27th 6:00pm - 7:00pm	Group Gathering in Clubhouse & Rules Night
Thursday May 18 6:30pm - 8:00pm	First Tee
Thursday June 22 6:30pm - 8:00pm	First Tee
Thursday July 13 6:30pm - 8:00pm	First Tee
Thursday August 10 6:30pm - 8:00pm	First Tee
Thursday September 21 6:00pm - 8:00pm	Group celebration after golf

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BECOME A GOLFER

Season-Long Group
Learning for beginners



Group 1 - Tuesdays 10:00am
Starts May 2nd



Group 2 - Tuesdays 6:45pm
Starts May 2nd



90 Minute Sessions



16 Weeks



Maximum 6 People per group

WHAT YOU WILL LEARN

Rules
Etiquette
Technique
Every 4th Class is
ON COURSE



TRIAL MEMBER PRICE

\$1200 +HST

NON-MEMBER PRICE

\$1350 +HST

**Click here
to register**



LADIES

GOLF ACADEMY



Women's Group Class:

INTRO TO GOLF

This series will teach you the basics of golf in a fun and supportive environment.

- ✓ Learn basic fundamentals
- ✓ Learn Rules & Etiquette
- ✓ Meet other new golfers

**4 Weeks
Introductory Class**

\$200 +HST

**4 x 1-hour
classes**

**Max 6
participants**

OUR 3 PILLARS

JOY

INSPIRATION

INDIVIDUALITY

Intro to Golf Sessions & Dates



To Register: Please find your preferred session, click register and in the body of the email, site the code for your preferred session along with a second choice, your name and email address. Once you've received a confirmation email you are registered.

CODE	SESSION DATES	NOTES
ITG - M1	Mondays 5:30pm - 6:30pm May 1, 8, 15, 29 - No Class May 22	REGISTER
ITG - T1	Tuesdays 5:45pm - 6:45pm May 2, 9, 16, 23	REGISTER
ITG - S1	Saturdays 10:30am - 11:30am May 6, 13, 20, 27	REGISTER
ITG - S2	Saturdays 10:30am - 11:30am June 17, 24, Jul 8, 15 - No Class Jul 1	REGISTER
ITG - M2	Mondays 5:30pm - 6:30pm July 10, 17, 24, 31	REGISTER
ITG - W1	Wednesdays 11:30am - 12:30pm July 19, 26, Aug 2, 9	REGISTER
ITG - W2	Wednesdays 12:00pm - 1:00pm Sept 6, 13, 20, 27	REGISTER
ITG - S3	Saturdays 9:30am - 10:30am Sept 9, 16, 23, 30	REGISTER
ITG - M3	Mondays 5:30pm - 6:30pm Sept 11, 18, 25, Oct 2	REGISTER

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WOMEN'S GROUP TRAINING

This 6-week series will cover all parts of the game in a fun and supportive environment.

A mix of instruction and practice drills, this clinic is for golfers of all skill levels. Practice drills will be adjusted to meet the player's appropriate skill level.

- ➡ **Putting**
- ➡ **Chipping & Pitching**
- ➡ **Iron Play**
- ➡ **Fairway Woods & Driving**
- ➡ **On-Course Situations**

- 6 x 1-hour Classes
- Max 6 Participants

Member Price

\$270 +HST

Non- Member Price

\$300 +HST

[Click Here to Register](#)

Play. Learn. Enjoy.

Women's Group Training Sessions & Dates



To Register: Please find your preferred session, click register and in the body of the email, site the code for your preferred session along with a second choice, your name and email address. Once you've received a confirmation email you are registered.

CODE	SESSION DATES	NOTES
WGT - T1	Tuesdays 5:30pm - 6:30pm May 2, 9, 16, 23, 30, Jun 6	REGISTER
WGT - W1	Wednesdays 10:00am - 11:00am May 3, 10, 17, 24, 31, Jun 7	REGISTER
WGT - TH1	Thursdays 5:45pm - 6:45pm *5 weeks only May 4, 11, 18, 25, Jun 1	REGISTER
WGT- S1	Saturdays 9:00am - 10:00am May 6, 13, 20, 27, Jun 3, 17 - No Class Jun 10	REGISTER
WGT - S2	Saturdays 10:15am - 11:15am May 6, 13, 20, 27, Jun 3, 17 - No Class Jun 10	REGISTER
WGT- T2	Tuesdays 5:30pm - 6:30pm June 20, 27, Jul 4, 11, 18, 25	REGISTER
WGT - W2	Wednesdays 10:00am - 11:00am June 21, 28, Jul 5, 12, 19, 26	REGISTER
WGT - TH2	Thursdays 5:45pm - 6:45pm June 22, 29, Jul 6, 13, 20, 27	REGISTER
WGT - S3	Saturdays 11:45am - 12:45pm July 8, 15, 22, 29, Aug 5, 12	REGISTER
WGT- TH3	Thursdays 5:30pm - 6:30pm Sept 7, 14, 21, 28, Oct 5, 12	REGISTER
WGT - W3	Wednesdays 10:30am - 11:30am Sept 6, 13, 20, 27, Oct 4, 11	REGISTER
WGT - S3	Saturdays 10:45am - 11:45am *5 weeks only Sept 9, 16, 23, 30, Oct 14 - No Class Oct 7	REGISTER
WGT - T3	Tuesdays 5:30pm - 6:30pm Sept 12, 19, 26, Oct 3, 10, 17	REGISTER



SHORT GAME SHRED

Lower your scores and handicap by shredding strokes off your short game. This circuit-style class is a combination of instruction and practice using activities with measurable results. If you want to lower your scores, this is the class you need in your life.

3 x 1-hour classes
Maximum 6:1 Ratio

MEMBER PRICE
\$135^{+hst}

NON-MEMBER PRICE
\$150^{+hst}

- ✓ Putting
- ✓ Chipping
- ✓ Pitching



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[Click Here to Register](#)

Short Game Shred Sessions & Dates



To Register: Please find your preferred session, click register and in the body of the email, site the code for your preferred session along with a second choice, your name and email address. Once you've received a confirmation email you are registered.

CODE	SESSION DATES	NOTES
SGS - M1	Mondays 7:00pm - 8:00pm May 1, 8, 15	REGISTER
SGS - W1	Wednesdays 11:30am - 12:30pm May 3, 10, 17	REGISTER
SGS - TH1	Thursdays 7:00pm - 8:00pm May 4, 11, 18	REGISTER
SGS - W2	Wednesdays 11:30am - 12:30pm May 31, Jun 7, 14	REGISTER
SGS - M2	Mondays 6:00pm - 7:00pm June 5, 12, 19	REGISTER
SGS - TH2	Thursdays 7:00pm - 8:00pm June 15, 22, 29	REGISTER
SGS- W3	Wednesdays 11:30am - 12:30pm June 28, Jul 5, 12	REGISTER

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WOMEN'S 2-DAY GOLF SCHOOL



- ✓ Short Game
- ✓ Ball Striking
- ✓ Course Management
- ✓ Training Videos with Coach Feedback
- ✓ Welcome gift

6-Hour Intensive

*Max 4 people per group

In this 6-hour comprehensive program we will attack all aspects of the game in a fun and game like atmosphere.

Day 1: Instruction & Review of Golf

Skills: Putting, Chipping, Pitching, Iron play, Woods & Driving.

Day 2: How to practice effectively. On-Course situations, playing from difficult lies. Critical thinking on the golf course.



LADIES
GOLF ACADEMY

MEMBER PRICE

\$399 +hst

NON-MEMBER PRICE

\$450 +hst

Women's 2-Day Golf School Sessions & Dates



To Register: Please find your preferred session, click register and in the body of the email, site the code for your preferred session along with a second choice, your name and email address. Once you've received a confirmation email you are registered.

CODE	SESSION DATES	NOTES
2D - M1	Thursday & Friday 1:00pm - 4:00pm May 25 & 26	REGISTER
2D - J1	Thursday & Friday 1:00pm - 4:00pm June 22 & 23	REGISTER
2D - J2	Thursday & Friday 1:00pm - 4:00pm July 27 & 28	REGISTER
2D - A1	Thursday & Friday 1:00pm - 4:00pm August 10 & 11	REGISTER
2D - S1	Thursday & Friday 1:00pm - 4:00pm September 7 & 8	REGISTER

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ON-COURSE WITH SHAUNA

Only 3 spots per session

Members
Only!

\$179 ^{+hst}
per person

Join Shauna for a 9-hole round of golf and on-course lesson. Learn how to play to your strengths and manage your way around the golf course.

Click Date to Register

[May 11 @ 6:15pm](#)

[July 20 @ 6:15pm](#)

[June 15 @ 6:15pm](#)

[August 17 @ 6:15pm](#)

[September 14 @ 6:00pm](#)



Specialty Classes

These 90-minute small group classes are based around a single skill. Learn and practice all aspects of sand play, driving the ball, putting, chipping & varied ball flights with feedback from a professional.



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Sand Play
May 19th

Driving the Ball
June 2nd

Putting
June 16th

Chipping
June 30th

Sand Play
July 8th

Ball Flights
July 14th

Driving the Ball
July 22nd

Sand Play
August 4th

\$85

Member Price

\$99

Non-Member Price



Select Fridays & Saturdays



10.30 AM - 12.00 PM



Maximum 4 participants/class

Play. Learn. Enjoy.



Girls Golf & Leadership Team

NEW for 2023

This team is for girls who want to learn to play golf, make new friends and take part in leadership activities along the way. Build golf skills and self esteem through compassionate coaching & group challenges to become a golfer for life.



\$999

May - August

**1:1 Coaching
& Group Learning**

Ages: 10 - 15

Includes:

2 Private Lessons / Mo

2 Group Lessons / Mo

1 On-Course Lesson / Mo

Team Gift

Girls Golf & Leadership Team

Important Dates

	SESSION DATES	NOTES
GROUP	Saturday April 29 1:15pm - 2:30pm	Hole 9B
GROUP	Saturday May 13 1:15pm - 2:30pm	Hole 9B
GROUP	Saturday May 27 1:15pm - 2:30pm	Hole 9B
GROUP	Thursday June 1st 6:30pm - 8:00pm	1st Tee
GROUP	Saturday June 3rd 1:15pm - 2:30pm	Hole 9B
GROUP	Saturday June 17th 1:15pm - 2:30pm	Hole 9B
GROUP	Thursday June 29 6:30pm - 8:00pm	1st Tee
GROUP	Saturday July 8 1:15pm - 2:30pm	Hole 9B
GROUP	Saturday July 22 1:15pm - 2:30pm	Hole 9B
GROUP	Thursday July 27 6:30pm - 8:00pm	1st Tee
GROUP	Saturday Aug 12 1:15pm - 2:30pm	Hole 9B
GROUP	Saturday August 26 1:15pm - 2:30pm	Hole 9B
GROUP	Thursday August 31 6:30pm - 8:00pm	1st Tee

Private Lessons to be booked directly with Shauna
swilde@ladiesgolfclub.com



Junior Club

Ages: 7 - 12

This class is designed to introduce juniors to golf in a fun and safe environment. We will build golf skills through exploration and play. If you have a youngster in your life that you'd like to introduce to the game, this is the perfect chance to learn about golf and meet other young golfers.

**Click
here to
register**

EACH CLASS WILL INCLUDE:

Golf Instruction

Dynamic Skill Development

Rules & Etiquette

Spring Dates:

May 6, 13, 27, June 3, 17, 24
Saturdays 12:00pm - 1:00pm

\$240

Fall Dates:

September 12, 19, 26, October 3
Tuesdays 4:15pm - 5:15pm

\$160



FULL DAY JUNIOR GOLF CAMP

Member Price:

\$499

Non-Member Price:

\$539

The emphasis of this camp is to learn the fundamentals of golf through exploration and play. Your child will learn how to perform different types of shots while staying engaged and active.

Week 1

July 10 - 14

Week 2

August 14 - 18

Week 3

August 21 - 25

- ☒ 9:00am - 4:00pm
- ☒ On-Course Play
- ☒ Camp Gift
- ☒ Ages: 7 - 12
- ☒ Maximum 8:1 Ratio



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GOLF ACADEMY

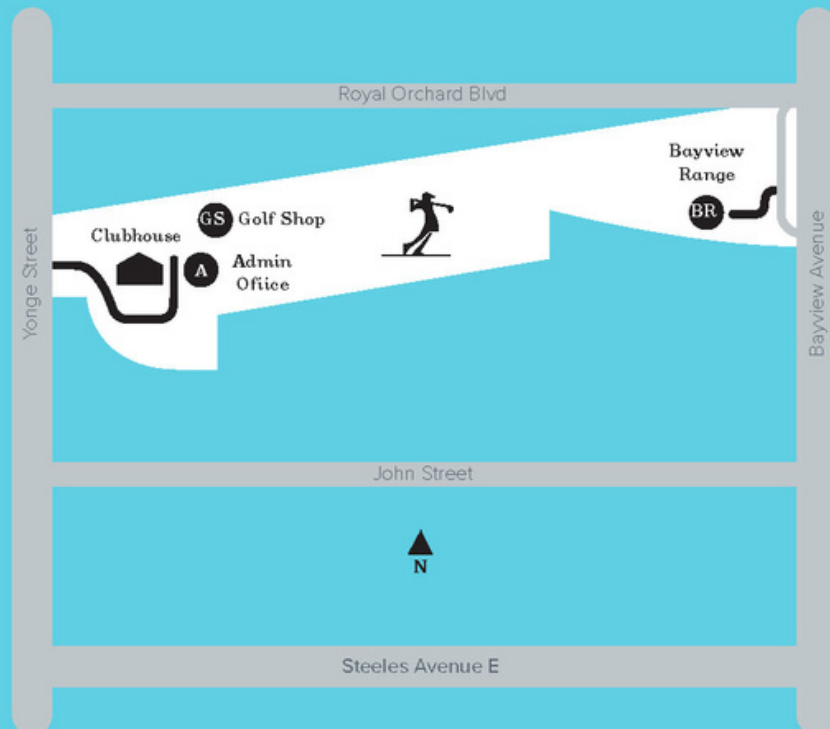
Visit us!

7859 Yonge Street, Thornhill ON L3T 2C4

ladiesgolfclub.com

swilde@ladiesgolfclub.com

905.889.3531 ext. 401



LADIES GOLF CLUB OF TORONTO